

## MOVEMENT RESEARCH AT THE JUDSON CHURCH

A high visibility low-tech forum on Monday nights throughout the fall/winter and winter/spring seasons for experimentation, emerging ideas and works-in-progress; artists selected by a rotating peer panel of artists. In the 2004-05 season, the program will take place from January - March 2005 only, due to construction at the Judson Memorial Church.

Proposals to participate in the Judson series for the Fall 2005 season, September - January, should be postmarked by March 31, 2005. Include a brief description of proposed work, bio/resume, a cued, representative video and SASE with \$4 postage. Visit our website before submission for update on venue location, and criteria guiding the selection of artists.

## ARTIST-IN-RESIDENCE PROJECT (A.I.R.)

A program providing year-long commissions, rehearsal space, performance and related opportunities designed to support the individualized creative process of selected artists, who are chosen by a rotating peer artist panel. Deadline for proposals for the 2005-06 season must be postmarked or hand-delivered by April 30, 2005. See guidelines for applying on our website.

## OPEN PERFORMANCE

Monthly non-curated shared evenings of experimentation and work-in-progress showings with moderated audience discussion, for artists at all stages in their development. Artist participation is on a first-come, first-served basis, with a \$15 fee. For Spring 2005, Open Performance will take place at the DTW Studio, 3rd Floor the second Wednesday of the month February – June. Interested in showing work or moderating? Give us a call!

## STUDIES PROJECT SERIES

An artist-curated series of panel discussions, performances and/or other formats that focus on provocative and timely issues confronting and instigated by the dance community. Proposals for Studies Projects are accepted on an ongoing basis and reviewed by an Artist Committee and staff.

## THE MOVEMENT RESEARCH EXCHANGE (MRX)

A vehicle to spur interaction and exchange among independent choreographers and their peers from within and outside the US, MR enables artists to travel outside their home environment for intensive residency activities and informal showings that mix local and out-of-town artists. Our current partner is Bennington College, Vermont, with other national partners in the works, including Tigertail Productions, Inc., Miami, FL.

## PERFORMANCE JOURNAL

A forum by and for artists fostering the exploration and evolution of written and graphic languages that engage current issues of dance and performance. An editorial team with guest editors drives the publications. If interested in working on, and/or writing for a Journal, call us! Published two - three times annually online and in print, the PJ is distributed free in NYC, with subscriptions also available: domestic - \$5 (individual), \$35 (institution); international - \$15 (individual), \$45 (institution). Start one today!

## MR FESTIVAL

Evolving from MR's *Improvisation Festival*/NY funded by two artists in 1991, the Festival reflects a directional shift towards re-engaging a broader artist involvement in programs and initiatives. Each year a new collective of artist-curators will determine the emphasis and shape of the festival, to ensure not a 'correct', 'best' or 'perfect' view, but a broader and deeper view into the artistic currents of today.

## CLASSES

Enrollment begins 30 minutes before class begins, and is on a first-come, first-served basis. Classes are \$12 each or \$110 for a class card of ten classes, good for two months. Payment by cash or check. Contact us to discuss your ideas for a class.

## WORKSHOPS

Workshops assist the pursuit of deeper levels of exploration into new dance processes, techniques, and ways of thinking and working, for faculty and students alike. Workshops are scheduled during MELT (Summer and Winter Intensives), in conjunction with the MR Festival (Fall) and at various times throughout the season. See registration requirements under workshop listings. Contact us to discuss your ideas for a workshop.

## STUDENT AID

Work-study positions and administrative internships are available. Learn and contribute transferable skills in not-for-profit management in exchange for classes and workshops. Call us for application information. We value our international community of students; if you need documentation to aid your pursuit of funding or visas, we will do our best to assist you.

## DANCE MAKERS IN THE SCHOOLS

A collaboration with public school communities in NYC, Dance Makers creates unique artist residency programs in which working dance artists teach children, as they explore their own creative processes.

## MOVEMENT RESEARCH STAFF

**Executive Director** Carla Peterson  
**Operations** Anne Gadwa  
**Programming** Amanda Loulaki  
**Staff at large** Trajal Harrell  
**Performance Journal** Guest Editors and Editorial Team  
**Work-study Students, our Rubber and Glue:**  
**Advertising Intern** Jodi Bender  
**Development Intern** Brooke Belott  
**Program Intern & Judson Coordinator** Christine Cali  
**Administrative Interns** Julie Alexander, Eleanor Dubinsky, Kellee Roston, Emily Wexler  
**Work-study Students** Rebecca Brooks, Jmy Leary, Kathy Ochoa, Arturo Vidich

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Barbara Bryan, Mary Lou D'Auray, P. Shane Elenbaas, Ishmael Houston-Jones, Paul Langland, Jeremy Nelson, Carla Peterson, Janice Shapiro, Guy Yarden

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Wendell Beavers, David Dorfman, Simone Forti, Cynthia Hedstrom, Bill T. Jones, Daniel Lepkoff, Mary Overlie, Steve Paxton, Yvonne Rainer, Jim Staley

## ACKNOWLEDGEMENTS

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Thanks always to the congregation and staff of the Judson Memorial Church.

Enormous gratitude and love to Frances Alenikoff.

Special Thanks to Dance Theater Workshop (DTW) and its board and staff. Movement Research is in residence at DTW for the 2004/05 season.



Neil Greenberg by Johan Elbers  
 cover photo: Osmany Tellez by Charlotte Munch-Bergensen

# General Information, Guidelines & Program Descriptions

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## Movement Research at the Judson Church

Free weekly performance on Mondays at 8pm (doors open at 7:45pm) at the Judson Memorial Church, 55 Washington Sq. South (W. 4th St. and Thompson St.). No reservations so arrive early. Call our hotline for updates and information

### JANUARY

10 Miguel Gutierrez / K.J. Holmes  
17 Ed Tyler / Marcy Schlissel / David Appel  
24 Eleanor Dubinsky / Ruben Ornelas / Daniel Charon / Stacy Grossfield  
31 Arturo Vidich / Elke Rindfleisch / Valerie Green / Jessica Loof & Rachel Bernsen

### FEBRUARY

7 Brendan deVallance / Renee Archibald / Sara Juli / Mina Nishimura  
14 Judson Wright / Layard Thompson / Marion Ramirez / Francisco Rider deSilva  
21 Peter Sciscioli / Scott Heron / OUT OF HAND (Paul Langland, Amie Dowling, Peter Schmitz, and Courty Dorsey)  
28 Hana Van Der Kolk / Kimberly Bartosik / Jessica Morgan / Melanie Maar

### MARCH

7 Isabel Lewis / Heather Kravas\* / Mindy Eve Myers / Carolin Laurin-Beaucage  
14 Eleni Peatraki / Marlon Barrios Solano / Daria Fain / Hope Mohr  
21 Melissa Briggs / Ori Flomin\* / Sarah Van't Hul / Sam Kim\*  
28 Justine Lynch / Paige Martin / Johanna Meyer\* / Kiyoko Kashiwagi\*

\* 2004-05 Movement Research Artist-in-Residence

## Open Performance

Works-in-progress showings of 3 - 4 movement-based artists each evening with moderated audience discussion, on the second Wednesday of the month February - June, 2005 at 7:30pm at the DTW David R. White Studio, 3rd Floor (doors open at 7:15pm). Call to reserve your performance spot. Names of artists and moderators for each date will be posted on our website. Feb 9, March 9, April 13, May 11, June 8

## MRX Exchange

**Pamardi Tjiptopradonggo April 30**  
See our web for time, location and full description  
Workshop and Discussion: *Contemporary Indonesian Dance: Using principles from traditional Javanese dance to create new choreography*

## class locations

All classes and workshops are held at:

### Movement Research at Edens Expressway

537 Broadway, 4th Floor (between Prince & Spring)

### Danspace Project

located at St. Mark's Church (corner of 10th Street & 2nd Avenue)

### Simone Forti Studio

537 Broadway, 3rd Floor (between Prince & Spring)

For Satellite (off-site) workshop locations, see workshop descriptions

### Administrative Office

Dance Theater Workshop  
219 West 19th Street  
(between 7th & 8th Avenues)

### Mailing Address

Movement Research  
PO Box 49, Old Chelsea Station  
New York, NY 10113 USA

tel: 212.598.0551 hotline: 212.539.2611

fax: 212.633.1974

email: info@movementresearch.org

*Email us to be on our monthly list.*

[www.movementresearch.org](http://www.movementresearch.org)

## STUDIES PROJECT

*Studies Project in Search of a Title*

See our website for date, time and location

This Studies Project invites a look at particular dance works made in the recent past featuring all-female casts. In contrast to the heroic female work of early modern dance, how do these artists contextualize their art? Is the term "Grill work" relevant to describing any common attitudes about a choreographic practice in this particular moment in time? Join the artists and special invited guests for a stimulating discussion in which we attempt to discuss the above without falling into the linguistic and verbal abyss of oversimplifying, overdefining, or worse – repeating the dominant hegemonic power structure. Organized and moderated by Trajal Harrell.

### Participating artists:

Luciana Achugar, Jennifer Allen, Yanira Castro, Daria Fain, Anne Gadwa, Jennifer Monson, Sally Silvers, Christalyn Wright and Ann Liv Young – the artists' specific works relative to this topic are listed on our website.

## ongoing

### Contact Improvisation

February 2 – July 27 W 6:45 – 9:30pm

### Simone Forti Studio

Contact Improvisation is a partnering dance form. Skills such as rolling, releasing, giving and supporting weight, expanding range of spatial concentration, lifting, catching and falling help one move with and through gravity, share weight in motion and use momentum and flow in physical contact. These weekly classes, open to people of all levels of movement experience, are informed variously by the individual teaching artists.

February: Jordan Fuchs, March: Charlie Mosley, April: K.J. Holmes, May: Jen Abrams, June: Curt Haworth, July: MELT Summer Faculty

### Barbara Mahler

February 1 – May 12 T TH 10am – 12pm

### Movement Research at Edens Expressway

The purpose of this class is to re-educate the dancer's body, interweaving theory and practice on a physical and organic level. From this comes the potential for students to discover a range of intelligence in their dancing, as well as to help them discover and develop their own choreographic vision. Initially inspired by the work of pioneer kinesiologist Dorothy Vislcock, and then continuing for upwards of 20 years with Susan Klein, Barbara Mahler has learned to see, feel and teach each person/body individually to help their body function at both its highest level of efficiency and function.

### K.J. Holmes

February 5 – April 30 SAT 11am – 1pm

### Movement Research at Edens Expressway

*The Athletics of Intimacy, Improvisations*  
Classes combine skills and practices of Contact Improvisation, applications of Body-Mind Centering® and tutoring of somatic improvisational approaches in solo, duet (strong emphasis on partnering) and ensemble dancing. I am interested in the very physical, the very sensorial and the very imaginative, and in discovering new challenges and risks within our movement.

### Juliette Mapp

March 1 – June 28 T F 6 – 8pm

### Movement Research at Edens Expressway

This class will work in depth on developing awareness of alignment patterns to better understand each dancer's unique movement potential and style. Class will be an opportunity to allow the body and mind to release and become aware of our pre-existing physical limitations in order to find greater movement range. Our warm-up will grow from internal structural and breath images to establish a consciousness in both the minute and grand details of dance. Class will conclude with a combination built to further increase awareness and freedom inside each student's own dancing.

## february

### Wally Cardona

January 31 – February 18 M W F 10am – 12pm

### Movement Research at Edens Expressway

*Technique and Performance*

A dance class that focuses on technique and performance skills, inevitably touching upon how the dancer/performer sees, perceives, creates, performs and communicates needs, thoughts and impulses. Classes begin with technique practice (with an emphasis on connecting to one's entire body on a most practical level, offering the potential to dance from a place underneath "personality") and moves on to performance practice (using structures, both verbal and physical, as sources of entry). Classes are inspired by Cardona's ongoing studies with Barbara Mahler and Susan Klein, performance work with Deborah Hay, practice of improvisation and history with traditional/classical dance forms.

### Doug Elkins

February 8 – March 1 T TH 10am – 12pm

### Danspace Project

Emphasis in this class will be put on bringing seemingly incongruous materials together. Technique and warm-up exercises will be drawn from a variety of movement styles ranging from ballet and post-modern to street/club styles and martial arts. Phrases in the Elkins idiom will be introduced, emphasizing dynamic physicality and self-expression.

### Kathryn Sanders

February 21 – March 4 M W F 10am – 12pm

### Movement Research at Edens Expressway

Use your innate understanding of body mechanics to improve the execution of physical perception. This process will apply to movement that is self-generated as well as learned by directed instruction. Class will include a warm up, improvisation, and learning a choreographed study.

## march

### Doug Elkins

February 8 – March 1 T TH 10am – 12pm

### Danspace Project

see February class description

### Kathryn Sanders

February 21 – March 4 M W F 10am – 12pm

### Movement Research at Edens Expressway

see February class description

### Ori Flomin

March 21 – April 1 M W F 10am – 12pm

### Movement Research at Edens Expressway

The class encourages moving into spatial extremes outside of imagined boundaries. The warm-up, using elements from Yoga, Ballet and Release technique, focuses on discovering and strengthening connections within the body's structure and maximizing the effects of gravity to move into space. Tension between secure and grounded placement and a sense of being out of control will be introduced in phrase-work as well as learning to use breath to maintain a center from which one can explode.

## april

### Ori Flomin

March 21 – April 1 M W F 10am – 12pm

### Movement Research at Edens Expressway

see March class description

### Levi Gonzalez

April 4 – 15 M W F 10am – 12pm

### Movement Research at Edens Expressway

Using anatomical principles of skeletal alignment and freedom of movement in the joints, as well as more esoteric and experimental ideas about weight, momentum and energetic connection into space, we will explore movement that is fast, luxurious, quirky and complex. A more articulate physical state is achieved by neutralizing habitual muscular patterns and emphasizing the nuts and bolts of what is possible in movement. From this base we will explore our own personal decision-making process in interpreting, executing and ultimately transforming the movement material.

### Miguel Gutierrez

April 18 – 29 M W F 10am – 12pm

### Movement Research at Edens Expressway

I think of class as a practice to integrate the mind/body connection for contemporary dance work. Improvisation and simple exercises are drawn from a variety of influences: Body-Mind Centering®, Alexander Technique™, developmental work, improvisation and bodywork. The goal is to open up the energetic pathways in the body, develop physical intelligence and access the movement potential of your whole body. Class usually ends with a phrase that is fun and hard.

## may

### Juliette Mapp

May 2 – 27 M W F 10am – 12pm

### Movement Research at Edens Expressway

see 'ongoing' class description

### Jeanine Durning

May 3 – 12 T TH 10am – 12pm

### Danspace Project

Class is designed to prepare ourselves through awareness and to increase the functional knowledge



of our bodies so that we may move with more efficiency, specificity and focus. Particular attention is paid to the initiations of movement as a means of directing, sequencing, locomoting and surprising our bodies through space. Improvisational explorations based on simple, functional approaches to movement will be incorporated. Attention to detail will be explored through set material as the individual comes into his/her own way of seeing, translating and experiencing movement. Through phrase material, extending the boundaries of technique will be explored through a balance of physicality, intention, expression and interpretation.

### Michelle Boulé

May 17 – 26 T TH 10am – 12pm

### Movement Research at Edens Expressway

How can we continually open the body and mind for experience and expression and make choices from there? We will explore this question as a group through improvisation and set movement, while observing our habitual patterns and desires. The teaching is influenced by Alexander Technique™, Body-Mind Centering®, improvisation, developmental studies and healing practices.

### Curt Haworth

May 19 – 26 T TH 10am – 12pm

### Danspace Project

A daily technique class that will begin focusing on our anatomical alignment, lubricating our joints and warming and stretching our muscles. Moving from our centers through our extremities and back, we will emphasize a fluid spine and grounded weight. With the use of specific initiations, alignment and release, we will direct our movement with sequencing and momentum. We will employ improvisation and weight sharing to further and personalize our kinetic explorations. The class will build dynamically from subtle exercises into large athletic phrases that move in and out of the floor, on our hands and through space with easy exciting sequential momentum.

### David Thomson

May 31 – June 16 T TH 10am - 12pm

### Movement Research at Edens Expressway

This class will deal with the song and language of dancing (shaping voice and listening), extending the personal interpretation, with emphasis on the qualities within the phrase. The warm-up will incorporate breath, with simple exercises to enhance the senses and activate the body, developing structures that translate and manipulate the phrase to create individual and group landscapes of movement.

photos left to right:

Wally Cardona by Julie Lemberger, Ruth Zaporah by Zachary Rymland  
K.J. Holmes by Tom Ontiveros, Ori Flomin by Charlotte Munch Bengtson

movement research winter/spring 05 class descriptions

### Neil Greenberg

May 31 – June 30 T TH 10am – 12pm

### Danspace Project

A warm-up drawing largely from my study of somatic approaches, such as Klein Technique™, is followed by an application of these concepts to both familiar and unfamiliar movements, including sequences from my choreography. A focus of my use of somatic approaches is to help the dancer find a connection to the floor from which he or she can stretch and move out into space. Attention is given to sharpening the dancer's awareness of time and energy and to educating the body to move with specificity.

## june

### David Thomson

May 31 – June 16 T TH 10am - 12pm

### Movement Research at Edens Expressway

see May class description

### Neil Greenberg

May 31 – June 30 T TH 10am – 12pm

### Danspace Project

see May class description

### Vicky Shick

June 1 – July 1 M W F 10am – 12pm

### Movement Research at Edens Expressway

This class seeks to prepare an articulate, alert and neutral body, ready for precise dancing with intricate coordinations that we will work on together. There is a simple, straightforward, continuous warm-up that relies on the use of release, alignment, momentum, weight and strength. Clarity, simplicity of movement, attention to detail and concentration will be our goal.

## july

### Vicky Shick

June 1 – July 1 M W F 10am – 12pm

### Movement Research at Edens Expressway

see June class description

**No classes and workshops will be held the week of July 3 – 9.**

## workshops

Preregistration is strongly advised! Send or deliver a deposit of half the workshop cost in advance to guarantee your place. Be prepared to complete your payment upon the start of the workshop itself. Refunds are available, less a \$25 processing fee; requests must be made in writing to info@movementresearch.org at least 48 hours prior to workshop start. (Please note that the MELT refund policy is different.)

### Polly Motley

February 1, 3 T TH 10am – 12pm

### \$12/ session Danspace Project

These sessions will work with the score from Motley's solo, *Dancing the Numbers*. The score is based on the following questions: What individual intentions support our dancing so that improvising a score is simple and clear? How and when does movement begin and end? How does one movement become another? How do we take the time to follow impulses and not generate them unnaturally? What do we do when one series of movements or investigations ends and another has not yet begun? What is stillness?

### Ruth Zaporah

April 13 – 17 W – Sun 2 – 5pm \$200

### Movement Research at Edens Expressway

### Action Theater

*Action Theater* is a training process in physical theater improvisation. This workshop will address the relationship between language and movement, content and form, presence and imagination, embodiment and narrative, performance and practice, relaxation and power. The training is appropriate for those in dance and theater searching for a skillful vehicle toward the unexpected.

# MELT

SUMMER 05

July 11 – August 12, 2005

**5 weeks of intensive workshops with internationally acclaimed faculty in Technique, Improvisation, Composition and Releasing. Faculty at press time includes: Tere O'Connor, Juliette Mapp, Neil Greenberg, Chris Aiken.**

Details on faculty, workshops, registration and fees are online at [www.movementresearch.org](http://www.movementresearch.org) or call us for a MELT brochure.

## satellite (off-site) workshops

### Ann Carlson

February 1 – 22 T 6 – 9pm \$20/ session

Location: PS 122 150 First Ave. at 9th St.,

Room #201, Buzzer #7

*Drop In and Make It*

Ann Carlson is conducting a weekly drop in situation to show new work. People making work in any genre – performance/choreography/conceptual/site works – are invited to participate at any place in their process. It is designed as an informal yet rigorous opportunity to show work before a small group, receive feedback (if you'd like) and get ideas for getting the work to the "next step" – completed, performed, funded.

### Daria Fain

March 20, 27, April 3 Su \$125

March 20 10am – 2pm; other times scheduled at 1st class

Location: 241 Bedford Ave. bet N 3rd & 4th

*HUMAN BEHAVIOR EXPLORERS*

This workshop will be in 3 parts over 3 Sundays. Its structure will create a forum to discuss questions on performance in dance, including those about improvisation, composition and the different ways to think about choreography. The work will start from where we are as movers, and work with improvisation. Tools will be given to increase our sense of observation inward, of the body, and outward, of the environment. The workshop will take place inside the studio and outside. We will determine together our schedule for the second two Sundays at the first session leaving the time open so that we might work late at night or early in the morning. We will consider each Sunday as a potential 24-hour workshop; this doesn't mean we will be together all that time but that these 24



hours will be a time to engage a full body/thinking process.

To register, call Movement Research. For more information, contact Daria Fain at 718.450.1356 or humanbehavior-explorers@earthlink.net

### Susan Rethorst

April 11 – 29 M W F 10am – 2pm,

TH 3 – 7pm

**\$350/2 week workshop; \$500/3 week workshop**

10% discount by registering and paying in full by March 25

Location: Bob Clifford's Studio, 17 W. 18th St.,

8th Floor (bet 5th & 6th Ave)

*Choreographic Intensive*

This choreographic intensive explores dance that does/effects/says what cannot be done/effected/said in another form, and what this implies in the day-to-day work of the choreographer. How can we use the communicative power of movement to its fullest? How can we approach sequencing not as order, but as alchemy? Explore working with unknowing, perceiving and taking cues from what you are making while you are making it. Investigate ways to work with patience, humor, spontaneity and rigor, and address how to keep engaged. Students can register for 2 or 3 weeks or add the 3rd week upon completion of the 2-week workshop. To register, call Movement Research. For full workshop and added mentoring description, see [www.movementresearch.org](http://www.movementresearch.org)